

## INTERPRETING THE SIGNS IN OUR LIVES

Let us begin the day in the Lord's presence with the Lord's blessings. We can be sure that our participation in this Eucharist will be a blessing for us.

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Jesus invites us to understand and interpret our lives, just as we interpret the various seasons in nature. We know when the cold season is beginning; we know when to expect the monsoons. In the same way, Jesus invites us to interpret the signs in our own lives. Each thing that happens to us could be a sign from God. We need to sit in prayer, review our lives, and understand and interpret the signs, so that we are able to respond correctly to whatever takes place.

For instance, a sickness may be an indication that we need to be more careful with our health. A sickness could also lead us to realise that our lives are frail and fragile: we need to anchor our lives more firmly on God.

Let us pray that each one of us may be able to interpret what is happening in our lives, understand it and respond in the best Christian manner. Amen.



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